

# Avalanche Skills Training - 1

**TRIGGER POINT**  
SNOW SERVICES

AMBER WOOD

250.814.7210

PO BOX 9234 REVELSTOKE BC. V0E3K0

AMBERWOOD@TRIGGER-POINT.CA

[WWW.TRIGGER-POINT.CA](http://WWW.TRIGGER-POINT.CA)



## **AST 1 Classroom –**

- Formation and Nature of Avalanches
- Snow pack and Snow Stability Factors
- Assessing Avalanche Danger & Bulletins
- Backcountry Travel / Avalanche Terrain
- Safety Measures (Transceivers)

## **AST 1 Field Session –**

- Terrain and Hazard Recognition
- Safe Travel Habits
- Assessing Avalanche Danger & Bulletins
- Companion Rescue
- Snow Pack Investigation

**Rates = \$150/ Classroom      \$150/ Field Session (must have classroom prior to attending field session)**

- **Materials Included;** Manual (Sledding in Avalanche Terrain), Avaluator tool
- **Students SUPPLY;** Snowmobile for field day, beacon, probe, shovel (gear may be available)

**Vernon**

**November 28/29, 2011**

**Evening Classroom (6 - 10pm)**

**FIELD Session - Various**



**canadianavalanchecentre**  
ast provider